Beauty under the blade

SNEHA S MEHTA

In “Beauty under the blade”, the poet vividly contrasts the surface beauty with inner turmoil, using striking imagery to uncover profound truths beneath the surface.

In a world obsessed with perfection
Beauty is defined by injections.
Botox, fillers, and plastic surgeries flow,
In an endless pursuit of aesthetic glow.

The desire to change, to transform
Only to conform to society’s norm.
To smoothen out wrinkles, lift sagging skin
To sculpt the body, create a new grin.

The allure of Botox, so quick and easy,
Promising a face that’s forever dreamy.
But beneath the surface lies a deeper truth
A reminder of impermanence, of fading youth.

For some, it brings confidence, a sense of pride,
A boost to self-esteem, a new stride;
But for others, it’s a slippery slope
A never-ending quest, a loss of hope.

In the whirl of media’s pull, conformity’s pressures,
Shaping to fit in with tumultuous measures.

But murmurs insist on beauty’s true place,
Beyond surgeries, beyond the public’s embrace.

Still, the glamour of perfection calls
A siren song, a curtain that falls,
To reveal a face, a body transformed
But at what price, are we truly adorned?

Beneath each delicate incision’s mark,
Lies a tale of courage, of grace stark.
A path to healing, where resilience is crowned,
In the quest for inner beauty profound.

Beauty under the blade, a paradox untold,
In the search for perfection, stories unfold.
Within the scars and lines that stay,
Lies the grace that won’t decay.

Before we go under the knife,
Or welcome toxins into our life,
Remember that beauty is more than skin,
It’s the light that radiates from within.

Let us embrace our flaws, our imperfections
For they make us unique, they are our reflections.
Real beauty’s essence runs deep,
It’s found in love, kindness and in the promises we keep.

Acknowledgment: I would like to express my appreciation to Dr Menka S Mehta Rohra, Dr Dinesh G Rohra, and Adv Shubham A Patil for their valuable insights and unwavering support throughout the preparation of this manuscript.