

Being acknowledged and thanked several times in an academic output can also indicate being helpful [3]. Someone who often helps others by mentoring them and sharing expertise and wisdom would have more acknowledgements to their credits [3]. Too bad that acknowledgements are not measured, unlike individual achievements such as being a lead author, being cited, or sharing authorship with an established expert in the field. Perhaps a metric like an "acknowledgement impact" or an "acknowledgement factor" could be developed, which may actually throw some light on an individual's tendency to be helpful. Such a metric could guide us in identifying individuals who may foster a team spirit and helpfulness culture.

My attitude toward undervaluing acknowledgements has now changed. I feel acknowledging others sincerely is a way of showing respect for work and people who are essential for the fruition of project activities. For the individual, being acknowledged could mean several things, like entry into the world of research, close interaction with acclaimed researchers, or their first professional recognition. So, while I hear people snobbishly saying, "Who reads the bottom of the manuscript?" I continue to feel honoured every time I am in the league of such contributors.

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Made in China: the coronavirus that killed millions of people

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It has been widely suspected that SARS-CoV-2, the coronavirus that caused the Covid-19 pandemic, escaped from the Wuhan Institute of Virology because of sloppy safety procedures and that it was man-made as part of the so-called gain-of-function research at the institute [1]. If this is the case, it makes China responsible for over 5 million deaths so far and the United States complicit, as it funded the highly dangerous research

[1]. The public has been misled about the likely origins of the pandemic right from the start [2].

The best article I have found on this issue was published in the *Bulletin of the Atomic Scientists* [1], a journal doctors do not read, and I therefore wish to draw attention to its key arguments below.

SARS-CoV-2 has a pair of arginine codons that are routinely used in labs [1]. If the emergence were natural, it would require a recombination event at a site on the virus's genome where recombinations are rare, and the insertion of a 12-nucleotide sequence with a double arginine codon unknown in the beta-coronavirus repertoire, at the only site in the genome that would significantly expand the virus's infectivity [1]. This sequence of events is extremely unlikely, and adding a furin cleavage site is known to make a virus more deadly [1].

Chinese researchers have failed to find a bat population as the source of SARS-CoV-2, or an intermediate host to which SARS-CoV-2 might have jumped [1] despite an intensive search that included the testing of 80,000 animals [3].

A sound principle in research is that if you have nothing to hide, then hide nothing. It can only be beneficial to be open and transparent, as it will increase your trustworthiness. However, China did its utmost to conceal the nature of the tragedy and China's responsibility for it [1]. Chinese authorities suppressed all records at the Wuhan Institute and closed down its database of viral genomes [4]. China barred all international scientists from going near the caves in Yunnan; blocked the roads; confiscated samples taken by a team of scientists on a trip to the caves; and decreed that all research papers based on evidence from the caves must be submitted to a task force overseen by the government "under direct orders from President Xi Jinping" [5].

The World Health Organization's (WHO) inspection to Wuhan was a farce. It was heavily criticised by some of the world's top virus researchers who wrote that the information, data, and samples for the study were collected and summarized by the Chinese half of the team, and the rest of the team built on this analysis. Although no findings were presented in clear support of either theory, the team assessed a zoonotic spill over from an intermediate host as 'likely to very likely,' and a laboratory incident as 'extremely unlikely'. [6]

However, the two theories were not given equal consideration, which was elucidated in a brilliant TV documentary about WHO's mission to China from August 2021. The film shows the scale and nature of the systematic Chinese cover up about the origin of SARS-CoV-19. The head of the mission, the Dane Peter Ben Embarek, was unusually outspoken and direct for a long-time WHO employee. I have provided a comprehensive summary, with the Danish bits translated into English [7]. The documentary ends by saying that WHO has come up with a plan for further studies in China, including in-depth investigations of relevant



laboratories in Wuhan. Ghebreyesus, WHO's Director-General said: "We are asking actually China to be transparent, open and cooperate." Zeng Yixin, vice minister in the National Health Commission, China, responded: "I feel that the plan ignores common sense. It defies science."

In science, we should draw conclusions based on what is most likely. It is by far the most likely explanation that the pandemic is not a natural one but is caused by a man-made virus that escaped from a laboratory in Wuhan [1].

It is clear that if the Wuhan Institute had not conducted gainof-function experiments, and therefore had not collected over 1000 samples of coronaviruses from bat caves in Yunnan 1500 km away from the outbreak in Wuhan [1], there would have been no pandemic.

This type of research should never have been funded and should never have been performed. The WHO and the United Nations should issue a call to stop such research permanently. All governments should make it illegal, with stiff penalties for breaking the law. This research is a great threat to mankind and must stop.

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Harmonising terminology with MedDRA for plain language summaries

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Human volunteers are key stakeholders in any clinical research. For inclusiveness it is ethically imperative to ensure data transparency even after the completion of clinical trials. This is also supported by the Declaration of Helsinki, which in a statement of ethical principles, provides guidance to physicians and other participants in medical research involving human volunteers, suggesting that they have the full right to the results of a trial [1].

This continuing practice over the past decade has probably benefited all the stakeholders of the clinical drug development process. The continued efforts of regulatory and other stakeholders of the drug development process have resulted in clinical data appearing in the public domain in the form of clinical trial disclosures and plain language summaries (PLS) [2]. Although clinical trial disclosures are extensively followed by pharmaceutical companies with respect to their trial protocols and results, these are primarily written in scientific language which is difficult for a participant, or potential participant, or any layperson to understand. To solve this problem, PLS were introduced post regulation (EU) No 536/2014 (2014) [3]. The regulation mandated pharmaceutical companies to provide clinical trial results in a language that is understandable to a layperson, within the defined timelines. The PLS would be a huge boon to the public as it would help them to better understand the procedures and the results of clinical trials, so that they could make informed treatment decisions if required. Major regulators such as the US Food and Drug Administration (FDA) are also warming up to this initiative, and other regulators across the globe will soon follow in their footsteps.

This presents the new challenge to provide a single set of standardised international "lay person terms" (LPT) for medical terminology, especially difficult adverse event terms, which can be used in the industry. We propose that it would be worthwhile to harmonise medical PLS terminology across the globe as has been done for the Medical Dictionary for Regulatory Activities (MedDRA) [4] through the International Council for Harmonization of Technical Requirements for Pharmaceuticals for Human Use (ICH). The LPT can be matched to already logically structured MedDRA terms and inserted as a sixth level of hierarchy of scientific terms along with "lowest level terms" (LLTs), "preferred terms" (PTs), "high