

CREATIVE SPACE

Once they went out to play

SHIKHA MALAVIYA

Once they went out to play but now we've stolen their spring and other things... chewed their sweetness of walnuts donned their scratchy wool phirans with embroidered collars that sing, wrapped our chill with their pashmina shawls that fit through a ring, sipped their warmth from kawa with a saffron tinge, bitten their blood-red apples whose cheeks are freshly pinched; but we don't carry their shrapnel under our skin nor the rings under their eyes from all those gone missing. Those we let them hold as we keep on humming Rind posh maal gindane draa-yi lo lo*

*Note: Rind posh maal gindane draa-yi lo lo is a line from a poem by 19th century Kashmiri poet Rasul Mir, which roughly translates as: "Young beautiful girls have gone out to play". These words are generally associated with the coming of spring, and Kashmiris know it through a folk song, which was also later integrated into a Hindi film song that became very popular.

Author: **Shikha Malaviya** (shikha@malaviya.com), Poet, writer and publisher, and Co-founder of The (Great) Indian Poetry Collective. San Francisco, Colifornia USA

To cite: Malaviya S. Once they went out to play. *Indian J Med Ethics*. 2020 Jan-Mar;5(1)NS: 68. DOI:10.20529/IJME.2019.083.

Published online on December 30, 2019.

©Indian Journal of Medical Ethics 2019